

APA PsycTherapy[®] — Unrivaled Streaming Video Demonstrations

APA's streaming video platform provides clinicians, counselors, instructors, and trainees the opportunity to sharpen their skills by observing candid, unscripted psychotherapy sessions featuring renowned therapists. This proven training method is an invaluable tool for learning and remaining abreast of the latest psychotherapy techniques.

APA PsycTherapy[®] at a Glance:

- More than 560 videos showcasing therapeutic approaches in authentic therapy sessions
- More than 150 therapy approaches covered, and more than 300 topics
- Proven methods showcasing common obstacles faced during therapy sessions
- Helpful tools that allow users to create playlists and share video clips
- Expertly tagged metadata for easy navigation to specific therapeutic techniques

The APA PsycTherapy Teaching Guide

- The PsycTherapy[®] Teaching Guide provides practical ideas on how to use APA's video database of streaming psychotherapy demonstrations in a variety of classes, in clinical supervision, and in other training contexts.
- On the surface, *APA PsycTherapy* is simple to use: Find a video and learn as you watch a master clinician demonstrating psychotherapy. However, professors in clinical psychology and counseling have discovered many different uses for *APA PsycTherapy*, including teaching personality

theories and psychopathology classes, training researchers on how to code therapy sessions, and augmenting empathy training for psychotherapy students.

The authors of this book have collected 20 of these uses into one guide, providing step-by-step exercises for each along with suggested videos from the database. Also included for those new to *APA PsycTherapy* is a helpful walk-through of each feature and tips for using video in education.



EBSCO



- Synchronized transcripts which allow users to search for precise moments in therapy
- APA PsycTherapy's Teaching Guide provides stepby-step exercises and suggested videos for the classroom and other training settings
- APA provides a toolkit of quick tutorials to help users: <u>https://www.apa.org/pubs/librarians/</u> <u>toolkit/video-snippets</u>

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