

# Your Health Matters

## Consumer Health Complete

Find trusted information on the health and wellness topics that matter most.



**Consumer Health Complete** can help you better understand key topics across the health and wellness spectrum — from mainstream medicine to complementary, holistic and integrated medicine. Using the database is easy. Search results are organized by source type, so you'll quickly find the information you need in the format you want.

### Topics Include:

- Addiction
- Aging
- Anxiety
- Cancer
- Diabetes
- Fitness
- Menopause
- Nutrition
- Relationships

### Content Includes:

- More than 480 journals and magazines with complete articles on thousands of health topics related to children, teens, men, women and seniors
- More than 2,600 full-text evidence-based health reports
- Nearly 500 medical images and diagrams
- Nearly 350 up-to-date health reference books and encyclopedias
- More than 240 animations with audio narration
- Consumer health pamphlets and leaflets (from CDC, FDA, NIH and others)
- Drug information in English and Spanish

*Information provided in this database should not be viewed as a means for self-diagnosis or a substitute for professional medical advice, diagnosis or treatment.*