

# Dynamic Health™ Skills

*Dynamic Health Skills* is an innovative evidence-based resource designed to help nurses and allied health professionals master critical skills. Users will find current, actionable information about nursing competencies, transcultural care, patient instruction, a variety of allied health topics and so much more.

## Why *Dynamic Health Skills*?

- **Content You Can Trust:** *Dynamic Health Skills* content is created using a strict evidence-based methodology, which means you can trust that the information matches the latest clinical evidence and current best practices.
- **Comprehensive Coverage:** *Dynamic Health Skills* content is deep. You will find information covering core clinical nursing competencies, transcultural care, patient instruction, occupational therapy, speech therapy, nutrition and dietetics, social work and so much more.
- **The Right Answers Fast:** Your time is important, and you need fast answers to your clinical questions. *Dynamic Health Skills* is designed to help you find the critical information you need in the context of your workflow with clear, concise and actionable content.

## What will I find in *Dynamic Health Skills*?



Nursing  
Skills



Allied Health  
Skills



Transcultural  
Care Skills



Patient  
Instruction  
Skills



Skill  
Checklists



Videos  
& Images

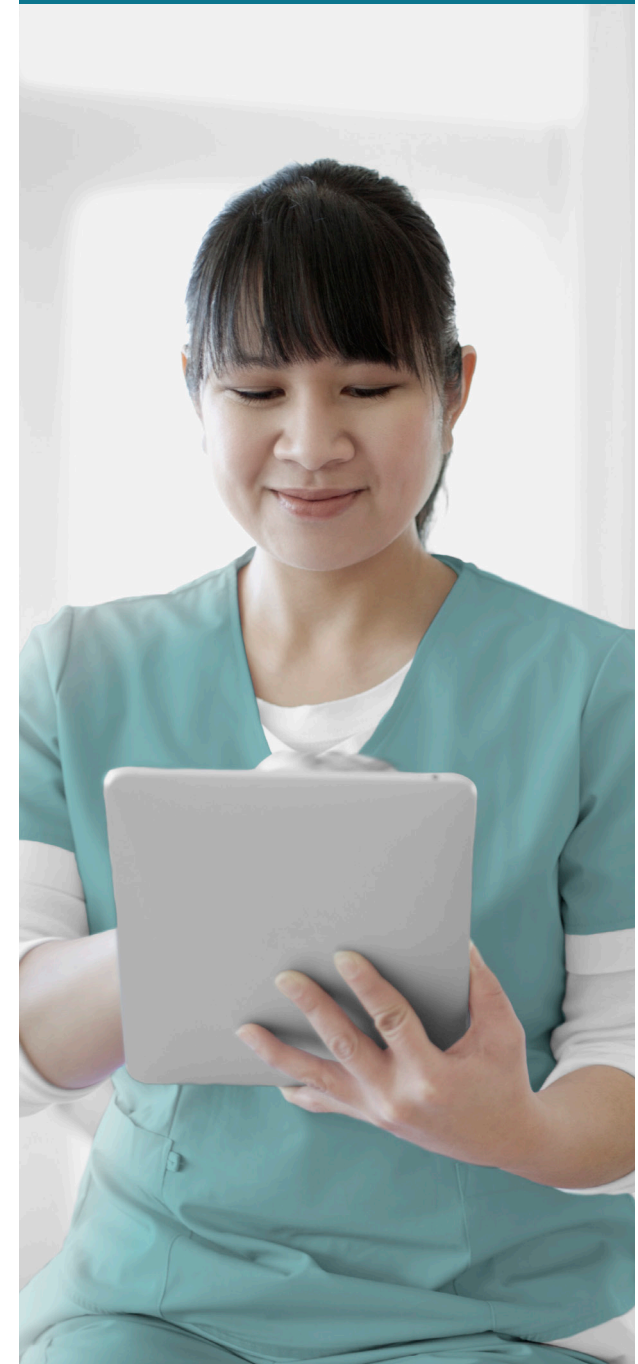


One Click Access  
to Full-Text



Mobile  
App

# Dynamic Health™ Skills



# Content, Features and Functionality at a Glance...

**DynamicHealth™** Asthmas

Nursing Skills Health Profession Skills Transcultural Care Skills Patient Instruction Skills Your Workplace Skills

## Asthmas

RESULTS (173) VIDEOS IMAGES

**1 Narrow Results**

CONTENT TYPE

- Allied Health Skills (24)
- Nursing Skills (128)
- Patient Instruction Skills (23)
- Transcultural Care Skills (13)

PATIENT POPULATION

- Adult (120)
- Pediatric (120)

SPECIALITIES

**2**

Managing Asthma in Children  
Managing asthma in children to reduce airway obstruction, maintain adequate blood oxygen levels, and stop sign/symptom recurrence

NURSING SKILL  
Asthma Management in Adults  
Administering medication and treatment to reduce inflammation and airway narrowing and decrease airflow resistance

NURSING SKILL  
Asthma Management in Children  
Administering medication and treatment to reduce inflammation and airway narrowing and

Videos  
Asthma Management in Adults.

Images  
Asthma Contributing Factors

- 1 Narrow Results**  
Key in on the information most relevant to you by narrowing results based on skill type.
- 2 Videos and Images**  
Easily access all of the videos and images associated with a search term from the results page.
- 3 Quick Links**  
Access only the information you need and jump directly to the procedure, checklist or evidence.

**DynamicHealth™** Respiratory Rate

Nursing Skills Health Profession Skills Transcultural Care Skills Patient Instruction Skills Your Workplace Skills

NURSING SKILL

## Respiratory Rate Assessment in Infants and Children

CONTENT CHECKLIST IMAGES (2) VIDEOS (1) ABOUT

**4**

**Purpose**

Red Flags

Procedure

Supplies

Pre-Procedure Steps

Procedure Steps

Patient/Family Education

Post-Procedure Steps

Documentation

Nursing Considerations

Nursing Outcomes

References

**5**

**Purpose**

Assessing the respiratory rate provides information about the effectiveness of the breathing cycle. As a component of the procedure for assessing vital signs, the respiratory rate assessment can identify bradypnea, tachypnea, and other abnormalities that are marked by an irregular respiratory pattern.

Assessment of respiratory rate is important in patients of all ages because it provides insight into the possibility of a number of diseases and conditions of varying severity.

**6**

**Images** All (2)

Normal Bradypnea  
Normal with Apnea Cheyne-Stokes  
Kussmaul Tachypnea

Normal and Abnormal Breathing Patterns.  
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**8**

CONDITIONS RELATED TO RESPIRATORY RATE

**7**

**Videos** All (1)

Assessing Respiratory Rate in Infants and

- 4 Easy Navigation**  
Search within a topic or navigate using the linked table of contents.
- 5 Visual Content**  
Videos and images are included in topics where relevant.
- 6 Checklist**  
View or print the checklist for a quick and clean way to see all of the steps associated with a skill.
- 7 Access the Evidence**  
Link directly to the original evidence.
- 8 Expand or Contract Sections**  
Each section of a *Dynamic Health Skill* can be expanded or contracted, allowing you to view only the information you need.