

Patient Education Reference Center™

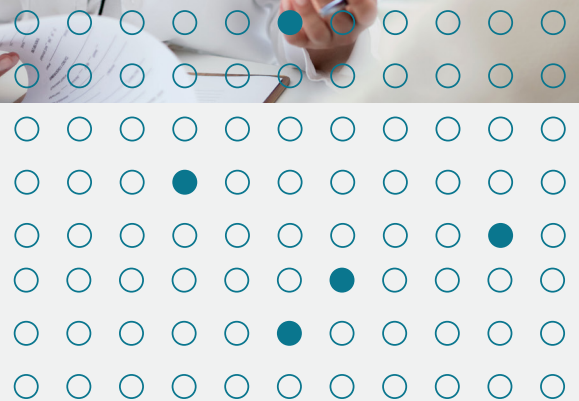
Patient Friendly Education Materials That Meet the Needs of Health Care Organizations



Organizations using EBSCO's *Patient Education Reference Center* have access to thousands of evidence-based patient information handouts that can be customized, printed, and provided to patients at the point of care.

***Patient Education Reference Center* offers over 13,000 patient education handouts in English and Spanish covering...**

- Over 1,200 diseases and conditions
- More than 700 procedure, lab test and vaccination handouts
- Over 2,000 drugs
- Nearly 2,000 discharge and home care handouts
- More than 1,300 lifestyle and wellness topics



***Patient Education Reference Center* Handouts can be...**

- Personalized with notes for individual patients
- Branded with an organization's name and logo
- Printed, emailed or saved
- Saved in shared folders for users to easily access frequently used handouts

Easily Integrate *Patient Education Reference Center* into Your EHR

1 Jane Doe
Date of Birth: 01/13/05
Gender: Female

Problem List

- Asthma
- Peanut Allergy
- Fever
- Chickenpox

Medication List

- Epinephrine Injection - *Inject upon serious allergic reaction*
- Salmeterol Oral Inhalation - *2 times daily, morning and evening*

Laboratories

- Oxygen Saturation - 98%

2 - DISCHARGE INSTRUCTIONS
Discharge Instructions for Asthma -- Child
- CONDITION
Asthma -- Child

3 **Discharge Instructions for Asthma -- Child**
Your child has been diagnosed with **asthma**. Asthma is a chronic disease that affects the function and lining of your child's airways. Here are steps to care for your child.

What You Will Need

- Action plan—a written plan that your child's doctor will give you to manage your child's asthma at home (Make sure that a copy of this plan is also on file at your child's school or daycare center.)
- Rescue inhaler—medicine used as needed to stop an asthma attack
- Controller inhaler—medicine used daily to prevent an asthma attack
- Spacer—a device used to deliver medicine to your child's airways (used with some inhalers)
- Peak flow meter**—a device that measures how much air your child can force out of his lungs in one strong breath (optional)
- Nebulizer—a device that delivers medicine in a mist (optional)

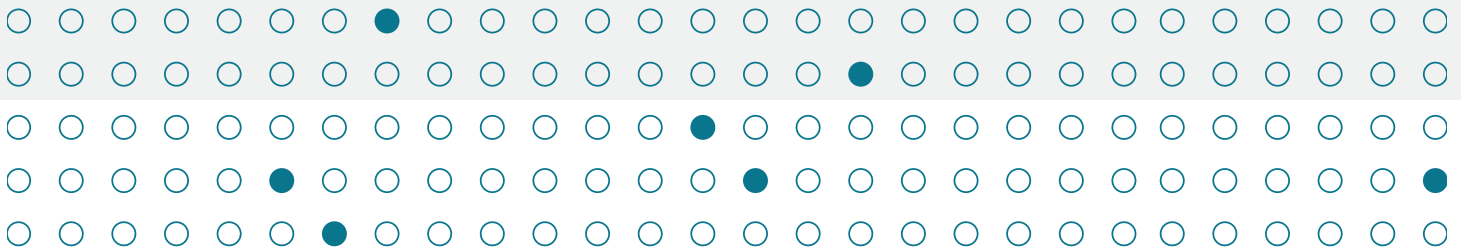
Steps to Take

Diet

- Avoid any foods known to trigger your child's asthma.
- Give your child plenty of fluids to keep respiratory secretions loose.

Physical Activity

Exercise is a common trigger of asthma in children, especially running. Your doctor may recommend that your child use his inhaler before exercise to avoid an asthma attack. Ask the doctor if your child



- 1** From the EHR, click the HL7 Infobutton for any diagnosis, medication, or lab within a patient record.
- 2** Only relevant patient education handouts for the specific patient are displayed.
- 3** Click the *Patient Education Reference Center* topic to print, save to the patient records, and/or post to the patient portal record.