Be a Stellar Digital Citizen
Use the internet and social media in a responsible and ethical way

**Don’t post personal information**
like name, school, age, date of birth, gender, phone number, address, identification numbers and passwords.

**Don’t believe everything on the internet.**
Some sites can contain fake news or outdated details. For research projects, turn to your library for the most reliable resources.

**Stranger danger**
also applies to online interactions. Never send pictures to strangers. Don’t open email or text messages from someone you don’t know.

**Protect your reputation.**
Represent yourself in a way you can be proud of. Everything you post could be accessible for others to find in the future.

**Balance your time**
between media and other activities. Limit your time sitting. Move around, exercise.

**Promote a positive community.**
Respect others’ point of view. Think before you post. Don’t post stuff that will make someone feel bad. Don’t be a bully, and let an adult know if you are a victim.

Use technology to gather information, communicate or just to have fun.

www.ebsco.com