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2:01 🔊 DynaMed + Micromedex QCOPD TOPIC IMAGES UPDATES Overview and Recommendations Produced in collaboration with American College of Physicians **Overview and Recommendations** Background Chronic obstructive pulmonary disease (COPD) is characterized by significant airflow limitation associated with a chronic inflammatory response in the airways and lungs resulting in the destruction of lung tissue. It commonly affects adults > 40 years old who smoke, with an estimated worldwide prevalence of 4%-10%. The disease course is usually progressive with a long-term decline in lung function and is the third leading cause of mortality worldwide. Up to 90% of COPD deaths are reported to occur in low- and middle-income countries. It is a preventable and treatable disease commonly associated with co-morbidities (such as cardiovascular disease) and significant systemic consequences (such as skeletal muscle dysfunction). Smoking is the most common risk factor for COPD worldwide: other risk factors include occupational exposures (for example, organic and inorganic dusts, chemical agents, and fumes), alpha-1 antitrypsin deficiency, and indoor air pollution (particularly from smoke caused from burning biomass fuels in confined spaces).





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