

DynamicHealth™

<https://www.dynahealth.com/skills/t1585329369552-putting-on-and-taking-off-personal-protective-equipment-ppe>

Nursing Skills

Putting On And Taking Off Personal Protective Equipment (PPE)

Procedure

PROCEDURE STEPS

1. Use meticulous hand washing throughout patient interaction to prevent disease transmission.⁸
2. Put on necessary [PPE](#) when entering patient room. If integrity of PPE is ever compromised, leave patient room, remove PPE, perform hand hygiene, and then repeat steps to put on new PPE.
3. **To put on PPE:**
 1. Put on gown. Fully cover torso from neck to knees, arms to end of wrist, and wrap gown around back. Tie gown at back of neck and behind you at waist level to minimize risk of strings getting contaminated.^{1 6}
 2. Select mask or approved [N95 respirator](#) based on isolation precaution level.^{1 9} Follow [steps to put on mask or respirator](#). If a respirator is required, [perform seal check](#).⁹
 3. Put on goggles or face shield and adjust to fit. Use face shield if there is potential for splash, spray, or spatter of body fluids.
 4. Put on gloves, making sure they cover wrists of isolation gown.
4. Wear PPE whenever you provide care in a patient room.
5. When care tasks are complete, remove all PPE **except** respirator while still inside room. Remove respirators outside room.
6. **To take off PPE:**
 1. Follow [steps to remove gloves](#), remembering outside of gloves are contaminated.^{1 6}
 2. Remove goggles or face shield by lifting head band or earpieces. If item is reusable, place in designated receptacle for reprocessing, otherwise discard in trash receptacle.⁶
 3. Follow [steps to remove gown](#), remembering gown front and sleeves are contaminated.
 4. Remove mask or respirator without touching front of mask. Grasp ties or elastics at bottom of mask/respirator and untie or pull over head. Grasp ties or elastics at top of mask/respirator and

untie or pull over head.

5. Place all worn, single-use PPE into trash receptacle.

Published by EBSCO Information Services. Copyright © 2020, EBSCO Information Services. All rights reserved. No part of this may be reproduced or utilized in any form or by any means, electronic or mechanical, including photocopying, recording, or by any information storage and retrieval system, without permission.

EBSCO Information Services accepts no liability for advice or information given herein or errors/omissions in the text. It is merely intended as a general informational overview of the subject for the healthcare professional.