Nursing Skills

Putting On And Taking Off Personal Protective Equipment (PPE)

Procedure

PROCEDURE STEPS

1. Use meticulous hand washing throughout patient interaction to prevent disease transmission.

2. Put on necessary PPE when entering patient room. If integrity of PPE is ever compromised, leave patient room, remove PPE, perform hand hygiene, and then repeat steps to put on new PPE.

3. To put on PPE:
   1. Put on gown. Fully cover torso from neck to knees, arms to end of wrist, and wrap gown around back. Tie gown at back of neck and behind you at waist level to minimize risk of strings getting contaminated.
   2. Select mask or approved N95 respirator based on isolation precaution level. Follow steps to put on mask or respirator. If a respirator is required, perform seal check.
   3. Put on goggles or face shield and adjust to fit. Use face shield if there is potential for splash, spray, or spatter of body fluids.
   4. Put on gloves, making sure they cover wrists of isolation gown.

4. Wear PPE whenever you provide care in a patient room.

5. When care tasks are complete, remove all PPE except respirator while still inside room. Remove respirators outside room.

6. To take off PPE:
   1. Follow steps to remove gloves, remembering outside of gloves are contaminated.
   2. Remove goggles or face shield by lifting head band or earpieces. If item is reusable, place in designated receptacle for reprocessing, otherwise discard in trash receptacle.
   3. Follow steps to remove gown, remembering gown front and sleeves are contaminated.
   4. Remove mask or respirator without touching front of mask. Grasp ties or elastics at bottom of mask/respirator and untie or pull over head. Grasp ties or elastics at top of mask/respirator and
untie or pull over head.

5. Place all worn, single-use PPE into trash receptacle.