# **Dynamic**Health™

https://www.dynahealth.com/skills/t916207-standard-precautions

**Nursing Skills** 

## **Standard Precautions**

#### Procedure

#### PROCEDURE STEPS

1. Perform hand hygiene using either an alcohol-based hand rub until dry or soap and water, rubbing the hands together for at least 20 seconds

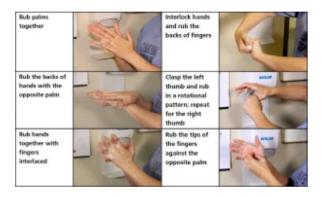


IMAGE 2 **Ayliffe Technique To Cleanse** 

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- 2. When visibly soiled or when caring for a patient suspected of infection with a spore-forming pathogen, hands should be washed with soap and water rather than cleaned using an alcohol-based hand  ${\rm rub}^{\underline{6}}$
- 3. Don appropriate PPE, prior to patient contact<sup>6</sup>
- 4. Don a protective gown if contamination of clothing is anticipated  $\frac{10}{10}$
- 5. Don face mask if there is a risk for splashing or spraying of blood or body fluids, or when inserting a catheter or injecting materials in the epidural/subdural space to prevent contamination of the site by the clinician's oropharyngeal secretions<sup>10</sup>
- 6. Don eye protection or face shield if there is a risk for splashing or spraying of blood or body fluids  $\frac{10}{10}$
- 7. Don gloves if contact with blood or body fluids, nonintact skin, mucous membranes, or contaminated surfaces is anticipated  $^{10}$
- 8. Apply and remove gloves carefully to avoid puncturing or tearing
- 9. Perform hand hygiene and don a new pair of gloves when moving from a dirty to a clean body area or activity (for example, after assisting with toileting, perform hand hygiene and apply a new set of gloves before providing oral care)
- 10. Do not wash gloves

- 11. Maintain safe injection practices
- 12. Follow general aseptic non-touch technique (ANTT) when preparing or administering medications
- 13. Clean the top of the medication vial to be accessed with 70% alcohol prior to use
- 14. Avoid the use of multi-dose vials for > 1 patient
- 15. Do not reinsert a used syringe (with or without a new needle) into a medication container, use a single-dose vial for > 1 patient, reuse a syringe to administer medications to > 1 patient, or reuse I.V. administration sets
- 16. Dispose of sharps at the point of care in an appropriate point-of-care sharps container that is puncture-resistant, leak-proof, and sealable<sup>6</sup>
- 17. Adhere to facility protocols regarding the safe handling and disposal of contaminated materials.

  More about contaminated materials
- 18. Adhere to respiratory hygiene or cough etiquette More about respiratory hygiene or cough etiquette

#### **Contaminated Materials**

#### CONTAMINATED MATERIALS

- Handle contaminated equipment in a manner that prevents transfer of pathogens to the clinician or the environment
- Promptly dispose of items that are soiled with blood or body fluids in a designated biohazard bag or a facility-approved soiled linen container
- Take contaminated, reusable items to the appropriate location for cleaning and disinfection or sterilization
- Verify that the environment is routinely cleaned and disinfected, particularly those areas that are most likely to be contaminated

## **Respiratory Hygiene or Cough Etiquette**

### RESPIRATORY HYGIENE OR COUGH ETIQUETTE

- Offer masks to symptomatic patients and visitors
- Provide supplies/resources for patients and visitors to perform hand hygiene as needed
- Educate symptomatic patients and visitors to cover the nose and mouth with tissue or wear face mask when coughing/sneezing
- Educate symptomatic patients and visitors to promptly dispose of used tissues and wash hands thoroughly
- Advise symptomatic patients and visitors to sit at least 3 feet away from others if coughing

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