Atrial Fibrillation and Shared Decision Making

Atrial Fibrillation by the Numbers

- 2.7-6.1 million Americans have atrial fibrillation
- Each year, atrial fibrillation results in over 760,000 hospitalizations and about 130,000 deaths
- Atrial fibrillation costs the United States approximately $6 billion each year

Top Guideline Organizations Recommend Shared Decision Making for the Treatment of Atrial Fibrillation

“In patients with AF, antithrombotic therapy should be individualized based on shared decision making after discussion of the absolute and relative risks of stroke and bleeding and the patient’s values and preferences.”

- 2014 AHA/ACC/HRS Guideline for the Management of Patients with Atrial Fibrillation, American Journal of Cardiology

Research Supports That the Use of Patient Decision Aids Results in...

- Increased Knowledge
- More Accurate Risk Perceptions
- More Conservative Decisions
- Reduced Costs
- Congruence Between Informed Values and Choice
- Improved Adherence
- Better Communication

Atrial Fibrillation Shared Decision Making in Action with Option Grid™ Decision Aids

Team Talk

Work with the patient to gather insights into their preferences and goals for treatment. Populate the Option Grid decision aid “Atrial Fibrillation - Treatment Options to Lower Stroke Risk” with the patient’s age, sex, and risk factors. Then select options to compare and discuss with the patient based on their unique preferences and goals.

Decision Talk

Gather informed preferences and together make the best preference-based evidence-supported decisions for the patient’s unique needs.

Option Talk

Generate the customized Option Grid decision aid, and discuss the evidence-based treatment options that align with the patient’s preferences. The information will be laid out in a user-friendly format that translates the latest clinical evidence on atrial fibrillation treatment options into terms the patient can easily understand.

Document the Encounter

With Option Grid decision aids you can email or print the customized grid for your patient. Additionally, you can attach it to the patient’s medical record in your EMR.

Like what you saw?

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Sources