

Atrial Fibrillation and Shared Decision Making

- Good for patients • Good for providers •

Atrial Fibrillation by the Numbers



An estimated **2.7-6.1 million** Americans have atrial fibrillation



Each year, atrial fibrillation results in over **750,000 hospitalizations** and about **130,000 deaths**

6 Billion



Atrial fibrillation costs the United States approximately **\$6 billion each year**

Top Guideline Organizations Recommend Shared Decision Making for the Treatment of Atrial Fibrillation

“In patients with AF, antithrombotic therapy should be individualized based on shared decision making after discussion of the absolute and relative risks of stroke and bleeding and the patient’s values and preferences.”

- 2014 AHA/ACC/HRS Guideline for the Management of Patients with Atrial Fibrillation, *American Journal of Cardiology*

Atrial Fibrillation Shared Decision Making in Action with *Option Grid*™ Decision Aids



Team Talk

Work with the patient to gather insight into their preferences and goals for treatment. Populate the Option Grid decision aid “Atrial Fibrillation - Treatment Options to Lower Stroke Risk” with the patient’s age, sex, and risk factors. Then select options to compare and discuss with the patient based on their unique preferences and goals.



Option Talk

Generate the customized Option Grid decision aid, and discuss the evidence-based treatment options that align with the patient’s preferences. The information will be laid out in a user-friendly format that translates the latest clinical evidence on atrial fibrillation treatment options into terms the patient can easily digest.



Decision Talk

Get to informed preferences and together make the best preference-based, evidence-supported decision for the patient’s unique needs.



Document the Encounter

With Option Grid decision aids you can email or print the customized grid for your patient. Additionally, you can attach it to the patient’s medical record in your EMR.

Research Supports That the Use of Patient Decision Aids Results in..



Increased Knowledge



More Accurate Risk Perceptions



More Conservative Decisions



Reduced Costs



Congruence Between Informed Values and Choice



Improved Adherence



Better Communication

Like what you saw?

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Sources

1. Atrial Fibrillation Fact Sheet https://www.cdc.gov/dhbsp/data_statistics/fact_sheets/fs_atrial_fibrillation.htm
2. January CT, Wann LS, Alpert JS, et al. 2014 AHA/ACC/HRS guideline for the management of patients with atrial fibrillation: a report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines and the Heart Rhythm Society. *J Am Coll Cardiol.* 2014 Dec 2;64(21):e1-76.