Shared Decision-Making

An approach where health professionals and patients make decisions together, using the best available evidence about the likely benefits and harms of each option, and where patients are supported to arrive at informed preferences.6

DynaMed® Shared Decisions Can Help


DynaMed® Shared Decisions allows a wide collection of shared decision aids, including tools, videos and printables that make for patient and provider荚海have meaningful and informed conversations that lead to improved outcomes and higher patient satisfaction.

DynaMed® Shared Decisions content covers a variety of specialties and is designed to be easily digestible for patients. Developed by a team of clinical experts, using the most current evidence, DynaMed® Shared Decisions is focused on the questions patients most frequently ask when they need to make preference-sensitive decisions. The tools can be quickly shared via link or PDF pre-visit so the patient can arrive prepared. DynaMed® Shared Decisions helps patients take an active and engaged role in their health care decision making by encouraging them to explore what matters most to them and select the option that best matches their values, needs and preferences.

Less than 20% of people wanted their doctor to follow only the options that he or she feels are right for the patient. 1

In a study where decision aids were implemented, the first six months of usage led to a 26% reduction in hip replacements and a 38% reduction in knee replacements. 2

Patients whose providers listen to them, elicit goals and concerns, and explain all the options are 3 to 5 times more satisfied with their providers. 5

Sources

3. http://www.nbcnews.com/id/3077086/t/more-people-search-health-online/#.XPFSRIhKiUk

People who viewed decision aids were significantly more likely to reach an informed decision on the first visit (58% with decision aids and 33% without decision aids).3

When asked what people want from their providers, the top three responses were:

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The full truth about their diagnosis, even though it may be uncomfortable or unpleasant
Information about the associated risk of each treatment option

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80% of patients actively seek information about how to cope with health problems on their own. 4